

Town of Boone



A Month to Celebrate You Proclamation

WHEREAS, self-acceptance at the individual level is an important aspect of a healthy community;

WHEREAS, body image is a community concern and raising awareness and involvement depends on educating our community members;

WHEREAS, prevention programs offer positive alternatives for young people and encourage youth to develop sound images of self;

WHEREAS, body image is an important aspect of physical fitness and physical fitness is an important aspect of a healthy community;

WHEREAS, self-acceptance is acquired through positive self-esteem and body image, healthy behaviors and sound emotional health;

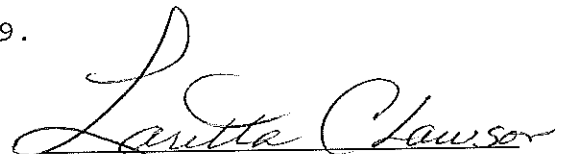
WHEREAS, poor opinion of one's body can cause low self esteem and low self confidence;

WHEREAS, adults' self-perception and behavior influences children's self-perception and behavior;

WHEREAS, all citizens should become more aware of community agencies that offer ongoing programs to promote health;

NOW, THEREFORE the Mayor of the town of Boone, NC, does hereby proclaim October as A Month to Celebrate You and calls upon all citizens, community agencies, religious organizations, medical facilities, and businesses to embrace activities aimed at promoting positive body image, self-acceptance and healthy lifestyles.

Adopted this the 31st day of August, 2009.


Loretta Clawson, Mayor

